

Adolescent Substance Abuse Counseling Service (ASACS)

ASACS is an Army-contracted Program which provides substance abuse treatment and prevention for adolescents and their families. ASACS services include identification, referral and treatment to include prevention education.

ASACS LOCATION:

Patch Barracks
Bldg 2312 (near Patch High School).

DSN: 430-8237/7041

CIV: 0711-6808657/68070413

Alcoholics Anonymous (AA)

ASAP highly recommends AA, a self-help support group of men and women who share experiences and support during recovery from alcoholism. English-speaking groups are located near you. Call ASAP for times and locations.



Possible Indicators:

The following behaviors may indicate that some intervention is needed. After reading these, if you feel that you may be experiencing a problem, please contact the Stuttgart ASAP for a screening interview.

- **Loss of productivity**
- **Frequently absent or late to work**
- **Increased job-related errors or accidents**
- **Consistently appearing run-down, anxious or nervous**
- **Work-related conflicts between you and coworkers or management**
- **Borrowing money from coworkers, or other financial issues**
- **Using increasing amounts of alcohol or other drugs on a regular basis**
- **Using alcohol or other drugs to manage stress**
- **Social problems related to your drinking or drug use**
- **Promises to stop using alcohol or other drugs fail**
- **Feelings of guilt, depression, fear, loneliness**
- **Lying about using alcohol/other drugs**
- **Risk taking (i.e. DWI, unprotected sex, gambling, etc.)**

Contact the Stuttgart ASAP for a comprehensive and confidential screening interview.



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ASAP **Army Substance Abuse Program**



**US Army Garrison Stuttgart
Panzer Kaserne
Building 2948, 2nd Floor
DSN: 431-2530 - CIV: 07031-15-2530**

**Opening Hours:
Monday– Friday
0730-1630
(closed 1200-1300)**

WHAT IS ASAP?

The Army Substance Abuse Program (ASAP), strives to enhance readiness by preventing and treating the adverse effects of alcohol and other drugs in the community.

ASAP is a command program designed to support all DoD service members, civilian employees, family members, and retirees. The program provides substance abuse prevention education; treatment and rehabilitation; employee assistance program counseling; expanded Drug-free Federal Workplace program; and military drug testing. ASAP is an exceptional, nationally-accredited service that will enhance the unit's morale and mission accomplishments.

SUBSTANCE ABUSE PREVENTION EDUCATION

The Prevention Coordinator (PC) is the community resource for substance abuse prevention education. In addition to awareness campaigns and newcomers' briefings, the PC provides the following training:

Alcohol and Drug Abuse Prevention Training (ADAPT):

A 12-hour prevention education class called: Prime for Life.

Unit Prevention Leader (UPL) Training:

A 40-hour class which certifies NCO's and above to conduct unit urinalysis and conduct prevention education on alcohol and drug abuse.

Professional Development Classes:

Guidance for military leaders on how to identify and address substance abuse in their units.

Community Outreach Programs:

Collaboration with community and youth organizations such as: schools, scout troops and adult recreational groups to

promote a healthy lifestyle and eliminate risk factors in the garrison community.

Other presentations can be designed by the Prevention Coordinator to accommodate your organizational needs and mission requirements

TREATMENT AND REHABILITATION

ASAP treatment and rehabilitation services are provided by licensed and certified substance abuse professionals. Services offered include: Screening & Assessment, Referral and Individual/Group/Family Counseling.

Eligibility:

Services are provided for all I.D. cardholders eligible to receive military medical services to include family members, civilians and retirees.

Types of Identification/Referral:

SELF: Individuals who feel that they may have substance abuse problems may refer themselves to ASAP at any time prior to an alcohol-related incident.

COMMAND: Commanders will refer individuals to ASAP for screening/referral for suspected substance abuse.

MEDICAL: The Medical Treatment Facility refers individuals to ASAP due to medical concerns of substance abuse or alcohol involvement to include family advocacy cases.

DRUG TESTING: Any service member who receives a positive urinalysis must be referred to ASAP.

APPREHENSION/INVESTIGATION: Any service member identified on a Military Police blotter report for an alcohol- or drug-related incident must be referred to ASAP by the commander within 5 days.

Individuals experiencing problems related to substance use may be enrolled in the ASAP program. This program consists of either Inpatient or Outpatient treatment.

DRUG TESTING PROGRAM

This deterrent program assists commanders in assessing the security, military and civilian fitness, and discipline of units through the use of urinalysis testing. ASAP's Drug Testing Coordinator (DTC) administers testing and provides information to commanders about smart testing, and current drug trends. The DTC also conducts and supports the Drug-Free Federal Workplace testing program.

Commanders are directed to conduct weekly testing at 4-5 percent of unit strength. Unit Commanders in a Joint Service Command will ensure that a minimum of 10 percent of unit strength is randomly tested monthly.

EMPLOYEE ASSISTANCE PROGRAM (EAP):

The ASAP EAP is a job-based program designed to help employees, and their family members, with problems that may affect their well-being and their ability to do their jobs. Supervisors are encouraged to refer civilian employees with performance, behavior, or attendance problems to the EAP for evaluation.

EAP Services:

ASSESSMENT: To help identify problems with performance or behavior in question.

REFERRAL: For resolution of issues identified during assessment

COUNSELING: For crisis intervention

CONSULTATIONS/TRAINING: For Management, Supervisor Training and Prevention Education Services